Latino Health Forum  Agenda and Workshops  October 16, 2014

Registration & Continental Breakfast

7:30 AM

8:00 AM

**Enrique González-Mendez, MD,** Professor of Family and Community Medicine, University of California San Francisco, Chair LHF Planning Committee. *Opening Remarks*

8:10 AM

**Brian Vaughn, MPH,** Health Policy, Planning and Evaluation Division Director, Sonoma County Department of Health Services. *2014 Update on Latino Health in Sonoma County*

8:45 AM

**Seth M. Holmes, PhD, MD,** Assistant Professor of Public Health and Medical Anthropology, UC Berkeley. *Fresh Fruit, Broken Bodies: Migrant Farmworkers in the United States*

9:45 AM

**Sergio Aguilar-Gaxiola, MD, PhD,** Professor of Clinical Internal Medicine and Founding Director of the Center for Reducing Health Disparities at the University of California, Davis. *If you Build it, Will They Come? Closing the Mental Health Treatment Gap for Latinos*

10:45 AM

**BREAK**

11:00 AM

**Morning Breakout Sessions  A - B - C - D**

**Workshop A:** *Community Based Programs and Outreach to the Latino Elder and their Family (Panel)*
Kathie Myers, Lead RN, House Calls, St. Joseph Health System; Martha Moya and Vanessa Finnigan, Social Workers, In-Home Support Services, Sonoma County Human Services-Adult & Aging Dept; Holly Rylance, Program Director, LifeLong Medical Care-Marin Adult Day Health Center; Michele Osmon, Programs Director of Senior Services, Catholic Charities of the Diocese of Santa Rosa

**Workshop B:** *Racial/Ethnic Microaggressions: What are they, when do they occur, and how do they impact us?*
Marcos D. López, Psychologist, Santa Rosa Community Health Centers; Wendy Zepeda, ACSW, Clinical Social Worker, Santa Rosa Community Health Centers

**Workshop C:** *Building Bridges: Overcoming Barriers to Latino Family Mental Health*
Joan Levy, PhD, Psychologist, Kaiser Permanente; Alicia Dueñas, MD, Kaiser Permanente

**Workshop D:** *Mental Health Education: A Look at Stress Reduction, Suicide Prevention & Depression (student track)*
Toni M Ramirez, MD, Santa Rosa Family Medicine Residency program; Cruz Cavallo, MFT, Health Program Manager, Department of Health Services-Behavioral Health Division

12:15 PM

Lunch - Special Award presentation and Performance by Nicole Baltrushes on Violin

1:30 PM

**Jane Garcia, MPH, CEO,** La Clinica de La Raza, one of the largest community health clinics in CA. Ms. García is an advocate and activist for preserving community health care for all residents regardless of ability to pay.

2:30 PM

**BREAK**

2:45 PM

**Afternoon Breakout Sessions  E - F - G - H**

**Workshop E:** *Mental Health Messaging in the Media*
Carol Caldwell-Ewart, Early Childhood Mental Health Coordinator, First 5 Sonoma County; Marguerite Cueto, Latino Market Strategist, MSC Consulting for Runyon Saltzman & Einhorn; Alicia Sanchez, President, KBBF Bilingual Radio Station

**Workshop F:** *Integrating Spiritual Practice and Behavioral Health (Panel)*
Katya Adachi, MD, Santa Rosa Family Medicine program; Francesco Palmirotta, PhD, Psychologist, Philosopher; Solino Village, Italy; Leticia Romero, Community Organizer, Aztec Dance Leader, St. Joseph Health/Danza Azteca, Ohtli Yoliliztli

**Workshop G:** *Triple P: Positive Parenting and Latino Families*
First 5 Sonoma County, California Parenting Institute, Jewish Family and Children’s Services, Petaluma People Services Center

**Workshop H:** *How are Cultural Expectations Affecting Student Academic Behavior? (student track)*
Javier Ramirez, PEI Outreach Coordinator, Santa Rosa Junior College Student Health Services; Kareen Espino, MD, Santa Rosa Family Medicine Residency Program; Diann Kitamura, Assistant Superintendent, Santa Rosa City Schools; Inez Barragan, M.Ed., Director EOPS/CARE, Santa Rosa Junior College

4:10- 4:30 PM:

**Closing Remarks:** Enrique González-Mendez, MD

*Note: Speakers and Workshops are subject to change.*